

*9'th GP Himmerland Rundt -
4'th of May 2019*

A part of "Race weekend in North West Jutland"

TECHNICAL GUIDE

Organization

Race Manager: Mogens Kristensen

Race Director: Mogens Kristensen

Course Manager: Thomas Just

Caravan Manager: Sven Erik Sode

Arena Manager: Annette Kjær Kristensen

Secretariat: Annette Kjær Kristensen

Radio Connection: Sven Erik Sode

Radio Tour: Henning Knudsen

Photo Finish: Willy Frederiksen

Account Manager: Annette Kjær Kristensen

Race Doctor: Poul Hedevang Christensen

Data/Results: Henrik Kristensen

Speaker: Tommy Poulsen

Sound: Torben Martinussen

Commissaires

President of the commissaries panel: Michael Robb (UK)

Member of the commissaries panel: Ulf Herold-Jensen (DEN)

Member of the commissaries panel: Morten Messelt (NOR)

Member of the commissaries panel: Sanne Schmidt (DEN)

Member of the commissaries panel: Jens Ranneries (DEN)

Palmares

2011

1. Michael Reihs (DEN) - Christina Watches – Onfone
2. Rasmus Guldhammer (DEN) - Team Concordia Forsikring – Himmerland
3. Søren Pugdahl Pedersen (DEN) - Team Energi Fyn

2012

1. André Steensen (DEN) – Glud & Marstrand – LRØ
2. Nikola Aistrup (DEN) – Team Concordia Forsikring Himmerland
3. Angelo Furlan (ITA) – Christina Watches – Onfone

2013

1. Yoeri Havik (NED) – Cyclingteam De Rijke – Shanks
2. Kristian Dyrnes (NOR) – Team Øster Hus – Ridley
3. Magnus Cort Nielsen (DEN) – Team CULT Energy

2014

1. Magnus Cort Nielsen (DEN) – CULT Energy Vital Water
2. Rasmus Guldhammer (DEN) – Team TREFOR – Blue Water
3. Søren Kragh Andersen (DEN) – Team TREFOR – Blue Water

2015

1. Wim Stroetinga (NED) – Parkhotel Valkenburg Continental Team
2. Asbjørn Kragh Andersen (DEN) – Team TREFOR – Blue Water
3. Johim Ariesen (NED) – Metec – TKH Continental Team p/b Mantel

2016

1. Jonas Gregaard Wilsly (DEN) – Riwal Platform Cycling Team
2. Dion Beukeboom (NED) – Parkhotel Valkenburg Vontinental Team
3. Krister Hagen (NOR) – Team COOP – Øster hus

2017

1. Nicolai Philip Brøchner Nielsen (DEN) – Riwal Platform Cycling Team
2. Audun Brekke Fløten (NOR) – Uno-X Hydrogen Development Team
3. Nicklas Overgaard Amdi Pedersen (DEN) – Team Giant - Castelli

2018

1. Andre Looij (NED) – Monkey Town Continental Team
2. Emil Nygaard Vinjebo (DEN) – Team coloQuick
3. Nicklas Overgaard Amdi Pedersen (DEN) – BHS – Almeborg Bornholm

9'th GP Himmerland Rundt

4'th of May 2019

SPECIFIC REGULATIONS

ARTICLE 1. ORGANIZATION

The 9'th "GP Himmerland Rundt" is organized by Vesthimmerland CK and Vesthimmerland Pro Cycling, Skovvej 4, 9631 Gedsted, Denmark, under the regulations of the International Cycling Union. It is to be held on the 4'th of May starting at 12.00 hrs.

ARTICLE 2. TYPE OF EVENT

The event, ME 1.2 is open to athletes of categories Men Elite and Men Under 23.

The event is entered on the UCI Europe Tour calendar.

The event is registered as a class 1.2 event. In conformity with the UCI rules, points are awarded as follows: 40 – 30 – 25 – 20 – 15 – 10 – 5 – 3 – 3 - 3 for the UCI ranking

ARTICLE 3. PARTICIPATION

As per article 2.1.005 of the UCI regulations, the event is open to the following teams:

- UCI professional continental teams of the country - UCI foreign professional continental teams (max. 2) - UCI continental teams - National teams - Regional and club teams.

As per article 2.2.003 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

ARTICLE 4. RACE HEADQUARTERS

Racedirector: Mogens Kristensen, Skovvej4, 9631 Gedsted - + 45 40270829 – mk@mkevent.dk

The race headquarter shall be open Saturday the 4'th of May at 07.30 hrs. to 09.00 hrs. located at the following address: Aars Hotel, Himmerlandsgade 111 9600 Aars. Telephone: +45 8787 3350.

Team representatives are requested to confirm their starters, license checkup and collect their start numbers at the race headquarter in this period.

The team managers meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires Panel, is scheduled for 09.15 hrs to 09.45 hrs on Saturday the 4'th of May at Aars Hotel, Himmerlandsgade 111 9600 Aars. Telephone: +45 8787 3350.

All drivers will have a meeting at Aars Hotel, Himmerlandsgade 111, 9600 Aars 10.00 hrs. to 10.30 hrs

The race headquarter will open again from 17.15 hrs. to 17.45 hrs. at Aars Hotel, Himmerlandsgade 111, 9600 Aars. Telephone +45 9862 1600.

Map of Start- and Finish location: <http://kort.degulesider.dk/m/czE2b>

Parking area: <http://kort.degulesider.dk/m/v1TUF> (Messevej 1, 9600 Aars)

ARTICLE 5. RADIO-TOUR

Race information will be broadcast on the following frequency: 165.300 MHz,

ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The neutral support is taken care of by means of 3 service cars – marked with streamers:

NEUTRAL SERVICE

Be aware it is normal team cars just marked with the streamers – but they will act as Neutral Service.

Article 7. FINISHING TIME LIMITS

Any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed. The time limit may, in exceptional circumstances, be increased by the Commissaires' Panel in agreement with the organizer.

ARTICLE 8. CLASSIFICATIONS

The following classification will be issued: individual

ARTICLE 9. PRIZES

The following prizes are awarded: The 20 first riders in individual classification

1. €2.425	6. €180	11. €60	16. €60
2. €1.210	7. €180	12. €60	17. €60
3. €610	8. €120	13. €60	18. €60
4. €305	9. €120	14. €60	19. €60
5. €240	10. €60	15. €60	20. €60

A grand total of € 6.050 will be awarded in prize money at the event.

As organizer of the race we are authorized through UCI regulations to collect 2 % of minimum prizes of the prize money paid to the riders

ARTICLE 10. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event.

The organizers expect Anti Doping Denmark will visit the race and some riders will be tested.

The antidoping tests will take place at, Aars Hotel, Himmerlandsgade 111, 9600 Aars.

ARTICLE 11. AWARDS CEREMONY

In accordance with article 1.2.112 of the UCI rules, the following riders must attend the official awards ceremony:

The first 3 of the event.

The riders will present themselves at the podium in a time limit of 10 minutes after crossing the finish line.

ARTICLE 12. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 13. HOSPITAL

Sygehus Himmerland, Farsø, Højgaardsvej 11, 9640 Farsø, tlf. 9865 7000

Emergency: 112

ARTICLE 14. PARKING

Parking for service cars, vans etc. in front of Messecenter Vesthimmerland, Messevej 1, 9600 Aars. Parking area: <http://kort.degulesider.dk/m/v1TUF> (Messevej 1, 9600 Aars)

ARTICLE 15. SCHEDULE

Map of Start- and Finish location: <http://kort.degulesider.dk/m/czE2b>

Feedingzone

71,3-71,9 Km at Trendåvej, 9640 Farsø

157,8-158,2 Km at Oustrupvej (after DIRT ROAD and about 2 km from start)

Deviation for Team Managers cars at the finish

Turn right at Tingvej, 9600 Aars

Route and time schedule:

Masterstart: <https://ridewithgps.com/routes/29241127>

GP Himmerland Rundt: <https://ridewithgps.com/routes/29222377>

Direction	Note	Km	40 km/h	42 km/h	44 km/h
	MASTER START	0,0	12:00	12:00	12:00
	Himmerlandsgade	0,0			
○↑ 2 exit	Løgstørvej	0,8			
○→ 1 exit	Løgstørvej	2,4			
→ Right	Morumvej	3,0			
	Break before race start	5,3			
	START punkt Morumvej		12:10	12:10	12:10
↑ Straight	Morumvej	0,0	12:10	12:10	12:10
	Morum	0,8	12:11	12:11	12:11
	Vognsyld	3,0	12:14	12:14	12:14
→ Right	Smedevej	3,7	12:15	12:15	12:15
→ Right	Svoldrupvej	3,9	12:15	12:15	12:15
← Left	Bjergvej	4,4	12:16	12:16	12:16
↑ Straight	Fortsæt ad Klovenhøjvej - DIRT ROAD	5,9	12:18	12:18	12:18
← Left	Svingelbjergvej	8,2	12:22	12:21	12:21
↑ Straight	Fortsæt ad Korsholmvej	10,4	12:25	12:24	12:24
	Vesterbølle	13,2	12:29	12:28	12:28
← Left	Sognevejen	13,4	12:30	12:29	12:28
	Østerbølle	18,5	12:37	12:36	12:35
← Left	Fladhøjvej	19,2	12:38	12:37	12:36
→ Right	Testrupvej	22,0	12:43	12:41	12:40
	Aalestrup	24,1	12:46	12:44	12:42
↑ Straight	Fortsæt ad Nørreled	24,7	12:47	12:45	12:43
○→ 1 exit	Vestergade	24,8	12:47	12:45	12:43

←	Left	Fjelsøvej	26,1	12:49	12:47	12:45
		Fjelsø	30,0	12:55	12:52	12:50
←	Left	Knabervej	30,2	12:55	12:53	12:51
→	Right	Præstevejen	30,3	12:55	12:53	12:51
→	Right	Søndergade	36,1	13:04	13:01	12:59
		Gedsted	36,5	13:04	13:02	12:59
←	Left	Vesterbro/Rute 561	37,3	13:05	13:03	13:00
→	Right	Våsen - DIRT ROAD	38,8	13:08	13:05	13:02
←	Left	Ullitshøjvej	40,8	13:11	13:08	13:05
→	Right	Alstrupvej	41,5	13:12	13:09	13:06
→	Right	Viborgvej/Rute 533	42,1	13:13	13:10	13:07
←	Left	Alstrupvej	42,2	13:13	13:10	13:07
		Alstrup	42,3	13:13	13:10	13:07
←	Left	Anneksvej	43,3	13:14	13:11	13:09
←	Left	Lounsvej	45,7	13:18	13:15	13:12
		Louns	46,6	13:19	13:16	13:13
→	Right	Hesselvej	48,7	13:23	13:19	13:16
		Hvalpsund	49,1	13:23	13:20	13:16
→	Right	Tingvej/Rute 187	49,9	13:24	13:21	13:18
←	Left	Lounsvej - DIRT ROAD	52,4	13:28	13:24	13:21
→	Right	Hestbækvej	53,6	13:30	13:26	13:23
→	Right	Foulumvej	56,3	13:34	13:30	13:26
		Ullits	57,2	13:35	13:31	13:28
←	Left	Nibevej/Rute 187	57,7	13:36	13:32	13:28
○↑	2 exit	Nibevej - Søndergade	62,3	13:43	13:39	13:34
		Farsø	62,7	13:44	13:39	13:35
←○	3 exit	Højgårdsvej	64,6	13:46	13:42	13:38
↑	Straight	Fortsæt ad Fredbjergvej	65,2	13:47	13:43	13:38
		Fredbjerg	69,3	13:53	13:49	13:44
↑	Straight	Gunderupvej	69,7	13:54	13:49	13:45
→	Right	Trendåvej	70,2	13:55	13:50	13:45
		Feeding zone at Trendåvej 71,3-71,9	71,3	13:56	13:51	13:47
		Hyllebjerger	72,6	13:58	13:53	13:49
←	Left	Trendåvej	72,9	13:59	13:54	13:49
←	Left	Bjørnsholmvej	73,3	13:59	13:54	13:49
		Overlade	75,2	14:02	13:57	13:52
←	Left	Borregårdsvej	76,2	14:04	13:58	13:53
		Borregaard	77,9	14:06	14:01	13:56
←	Left	Trendvej	78,1	14:07	14:01	13:56
→	Right	Viborgvej/rute 533	80,3	14:10	14:04	13:59
		Vitskøl Kloster	83,4	14:15	14:09	14:03
→	Right	Ålevej	83,9	14:15	14:09	14:04
		Ranum	86,5	14:19	14:13	14:07
↑	Straight	Fortsæt ad Vestergade	86,6	14:19	14:13	14:08
←	Left	Næsbyvej	86,8	14:20	14:14	14:08
←	Left	Livøvej	88,5	14:22	14:16	14:10
		Rønbjerg	90,4	14:25	14:19	14:13
→	Right	Rønbjergvej	91,2	14:26	14:20	14:14
		Næsby	93,7	14:30	14:23	14:17
←	Left	Lendrupvej	93,8	14:30	14:24	14:17
		Lendrup	97,0	14:35	14:28	14:22
←	Left	Viborgvej/Rute 533	100,5	14:40	14:33	14:27
		Ravnstrup	100,9	14:41	14:34	14:27
←	Left	Sønderport	101,7	14:42	14:35	14:28

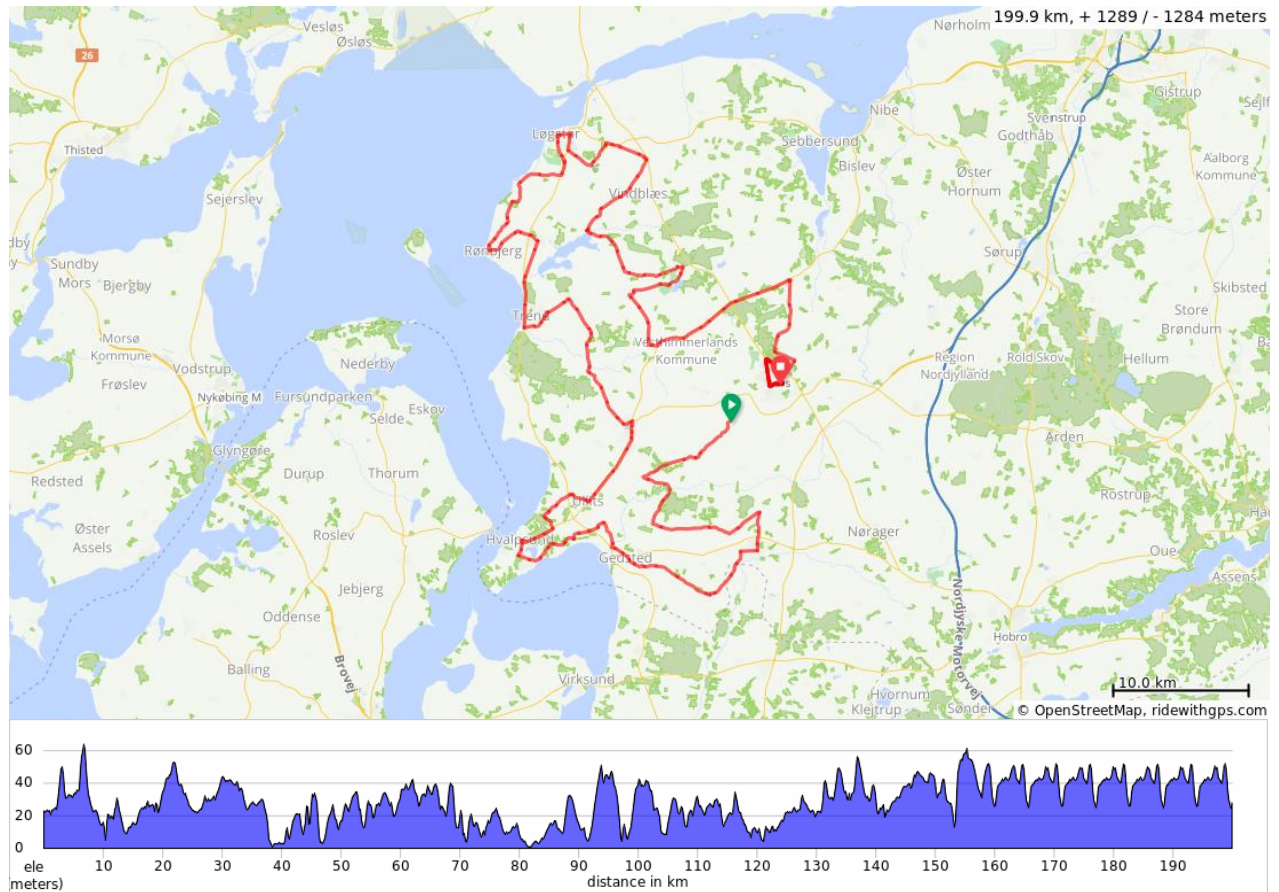
		Løgstør	102,5	14:43	14:36	14:29
→	Right	Bredgade	103,7	14:45	14:38	14:31
○→	1 exit	Danmarksvej/Rute 533	104,6	14:46	14:39	14:32
←○	3 exit	Tinghøjvej	105,8	14:48	14:41	14:34
←	Left	Grønbækvej	107,9	14:51	14:44	14:37
→	Right	Aalborgvej/Rute 567	109,9	14:54	14:47	14:39
→	Right	Kornumvej	110,8	14:56	14:48	14:41
→	Right	Sallingvej	113,1	14:59	14:51	14:44
		Skarp Salling	113,7	15:00	14:52	14:45
←	Left	Sallingvej	116,5	15:04	14:56	14:48
→	Right	Vilstedvej	116,5	15:04	14:56	14:48
		Vilsted	120,1	15:10	15:01	14:53
→	Right	Kirkebakken	120,4	15:10	15:02	14:54
←	Left	Hobrovej	120,5	15:10	15:02	14:54
←	Left	Hobrovej - DIRT ROAD	125,0	15:17	15:08	15:00
↑	Straight	Hedevej - DIRT ROAD	126,1	15:19	15:10	15:01
←	Left	Gattenvej	127,4	15:21	15:12	15:03
→	Right	Gatten Møllevej	129,1	15:23	15:14	15:06
		Gatten	129,4	15:24	15:14	15:06
→	Right	Sjørup Søvej	129,5	15:24	15:15	15:06
		Himmerland Golf og Spa Resort	130,4	15:25	15:16	15:07
→	Right	Svenstrupvej	131,4	15:27	15:17	15:09
←	Left	Gattenvej	134,0	15:31	15:21	15:12
		Flejsborg	134,4	15:31	15:22	15:13
←	Left	Vester Hornumvej	134,6	15:31	15:22	15:13
↑	Straight	Flejsborgvej	136,2	15:34	15:24	15:15
		Vester Hornum	137,3	15:35	15:26	15:17
↑	Straight	Hovedgaden	137,7	15:36	15:26	15:17
←	Left	Jordemodervej	138,7	15:38	15:28	15:19
←	Left	Hornumvej/Rute 187	139,3	15:38	15:29	15:19
		Hornum	142,6	15:43	15:33	15:24
○↑	2 exit	Kelddalvej	145,8	15:48	15:38	15:28
→	Right	Blærevej	150,4	15:55	15:44	15:35
		Blære	151,6	15:57	15:46	15:36
←	Left	Plantagevej - DIRT ROAD	156,2	16:04	15:53	15:43
→	Right	Oustrupvej	157,8	16:06	15:55	15:45
		Feeding zone at Oustrupvej 157,9 - 158,4	157,9	16:06	15:55	15:45
○↑	2 exit	Oustrupvej	158,9	16:08	15:57	15:46
		Aars	159,0	16:08	15:57	15:46
↑	Straight	Fortsæt ad Anlægsvej	159,7	16:09	15:58	15:47
→	Right	Himmerlandsgade	160,0	16:10	15:58	15:48
		Passing Finishline	160,3	16:10	15:59	15:48
○→	1 exit	Vestre Boulevard	161,0	16:11	16:00	15:49
○→	1 exit	Aggersundvej/Rute 29	163,0	16:14	16:02	15:52
○→	1 exit	Oustrupvej	164,7	16:17	16:05	15:54
↑	Straight	Fortsæt ad Anlægsvej	165,4	16:18	16:06	15:55
→	Right	Himmerlandsgade	165,7	16:18	16:06	15:55
		Passing Finishline	166,0	16:19	16:07	15:56
○→	1 exit	Vestre Boulevard	166,6	16:19	16:08	15:57
○→	1 exit	Aggersundvej/Rute 29	168,7	16:23	16:11	16:00
○→	1 exit	Oustrupvej	170,4	16:25	16:13	16:02
↑	Straight	Fortsæt ad Anlægsvej	171,0	16:26	16:14	16:03
→	Right	Himmerlandsgade	171,4	16:27	16:14	16:03
		Passing Finishline	171,7	16:27	16:15	16:04

○→	1 exit	Vestre Boulevard	172,3	16:28	16:16	16:04
○→	1 exit	Aggersundvej/Rute 29	174,3	16:31	16:19	16:07
○→	1 exit	Oustrupvej	176,1	16:34	16:21	16:10
↑	Straight	Fortsæt ad Anlægsvej	176,7	16:35	16:22	16:10
→	Right	Himmerlandsgade	177,0	16:35	16:22	16:11
		Passing Finishline	177,3	16:35	16:23	16:11
○→	1 exit	Vestre Boulevard	178,0	16:37	16:24	16:12
○→	1 exit	Aggersundvej/Rute 29	180,0	16:40	16:27	16:15
○→	1 exit	Oustrupvej	181,7	16:42	16:29	16:17
↑	Straight	Fortsæt ad Anlægsvej	182,4	16:43	16:30	16:18
→	Right	Himmerlandsgade	182,7	16:44	16:31	16:19
		Passing Finishline	183,0	16:44	16:31	16:19
○→	1 exit	Vestre Boulevard	183,7	16:45	16:32	16:20
○→	1 exit	Aggersundvej/Rute 29	185,7	16:48	16:35	16:23
○→	1 exit	Oustrupvej	187,4	16:51	16:37	16:25
↑	Straight	Fortsæt ad Anlægsvej	188,1	16:52	16:38	16:26
→	Right	Himmerlandsgade	188,4	16:52	16:39	16:26
		Passing Finishline	188,7	16:53	16:39	16:27
○→	1 exit	Vestre Boulevard	189,4	16:54	16:40	16:28
○→	1 exit	Aggersundvej/Rute 29	191,4	16:57	16:43	16:31
○→	1 exit	Oustrupvej	193,1	16:59	16:45	16:33
↑	Straight	Fortsæt ad Anlægsvej	193,7	17:00	16:46	16:34
→	Right	Himmerlandsgade	194,1	17:01	16:47	16:34
		Passing Finishline	194,4	17:01	16:47	16:35
○→	1 exit	Vestre Boulevard	195,0	17:02	16:48	16:35
○→	1 exit	Aggersundvej/Rute 29	197,0	17:05	16:51	16:38
○→	1 exit	Oustrupvej	198,8	17:08	16:54	16:41
↑	Straight	Fortsæt ad Anlægsvej	199,4	17:09	16:54	16:41
→	Right	Himmerlandsgade	199,7	17:09	16:55	16:42
		FINISH	200,0	17:10	16:55	16:42

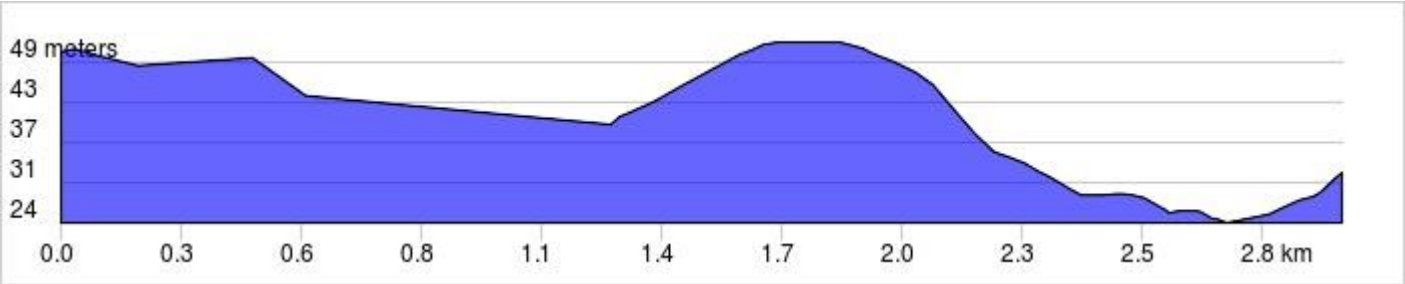
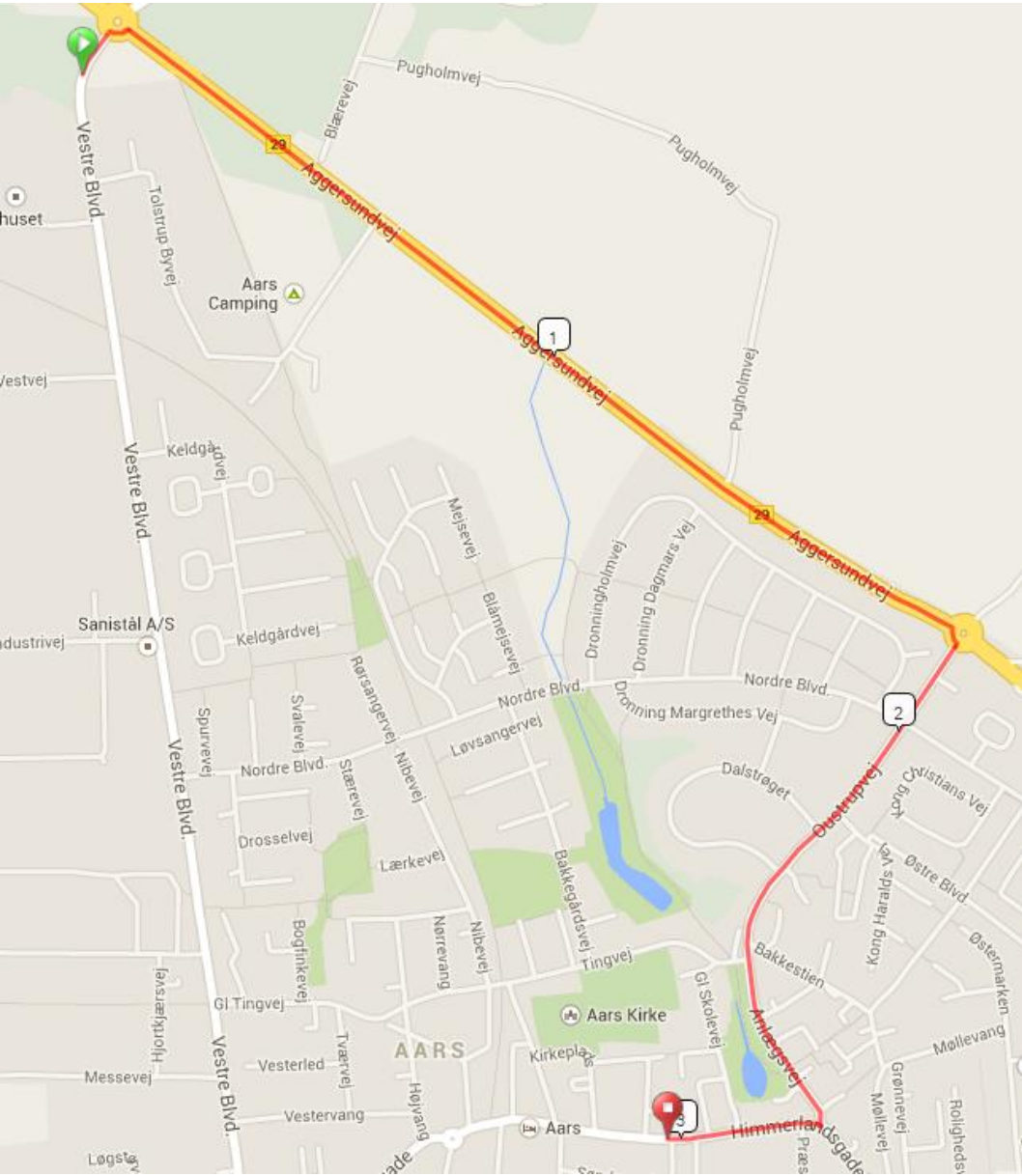
ARTICLE 15. MAPS AND PROFILES

Map of Start- and Finish location: <http://kort.degulesider.dk/m/czE2b>

Map and profile of the route:



Map and Profile Last 3 km

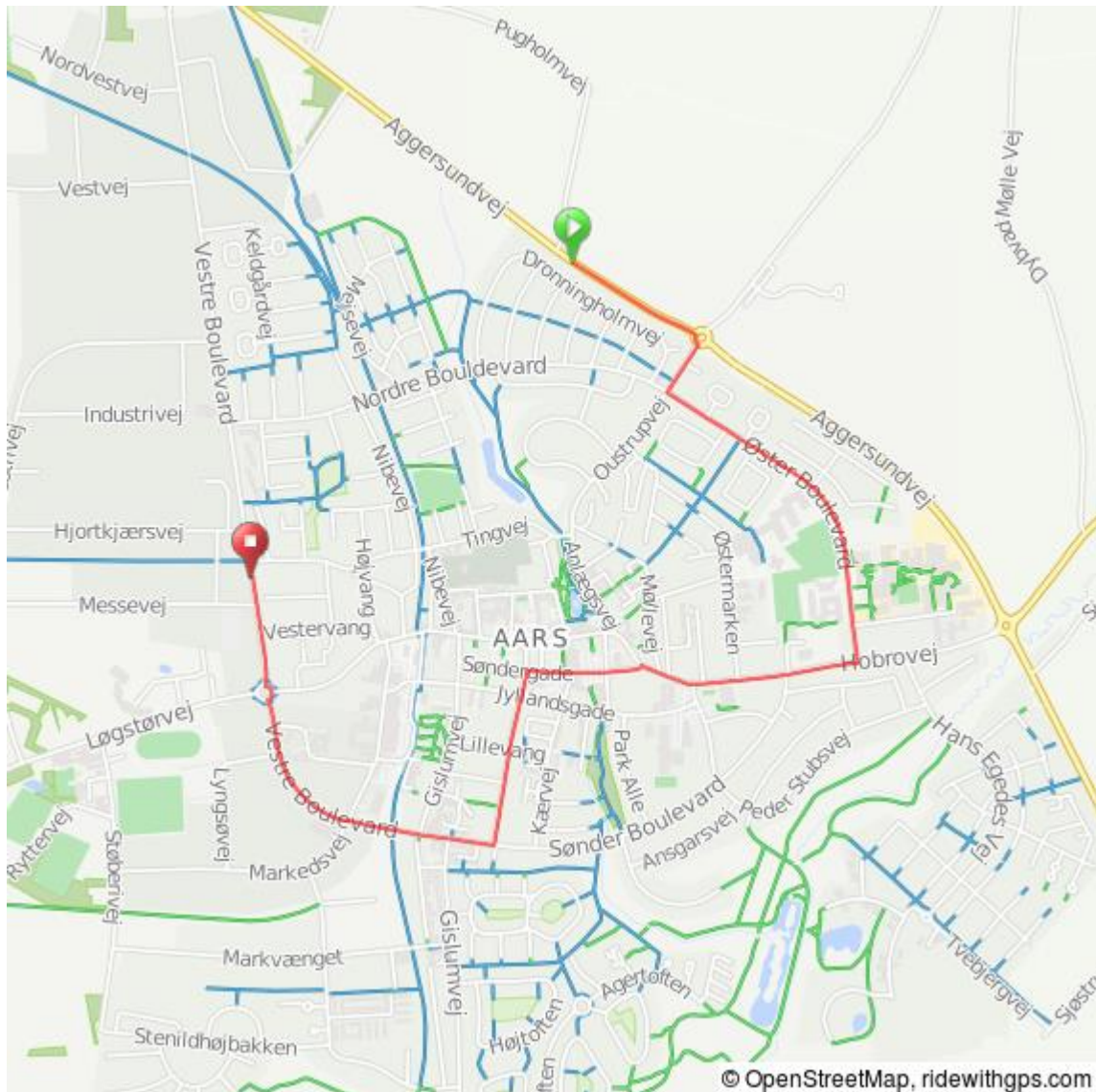


Deviation

1000 m before finish

Turn left at Østre Boulevard and turn right at Hobrovej.

Left at Søndergade where you can go to the Start- and Finish area



ARTICLE 16. TV and press

The race can be followed at:

Danish TV: TV Nord Salto in association with several other regional TV-stations – from 11.45 to 17.00.

The spectators can also follow the race at a widescreen 15,6 m2 at the starting area.

The press can use the tent at the start area